

IMPACT



Serving the communities of Abbotsford and Mission since 1988
 www.impactabby.com, 604-853-1766, Fax: 604-853-1793

Referral Form

Referral Source Information							
Name of Referring Agent							
Agency							
Contact Number and Email							
Date of referral							
Client Demographics							
Name							
Date of Birth							
Address							
Phone Number							
PHN/MSP Care Card #							
Counsellor Preference*		Male	<input type="checkbox"/>	Female	<input type="checkbox"/>	Other Preference?	<input type="checkbox"/>

*We will make every effort to connect clients with counsellors that meet their preferences.

Reason for referral (Please explain in detail)	If school referral, is student suspended?		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Is client aware this referral has been made? (If no, include an explanation of why below)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please send completed form to IMPACT in person, by email to info@impactabby.com or fax 604-853-1793. A counsellor will contact you and/or the referral. Please call 604-853-1766 with any questions about this form, our referral process or our services. You can consult our referral FAQ, or download a release form at: www.impactabby.com/get-connected/.

I understand that personal information about this youth may be shared with the IMPACT staff for the direct purpose of determining eligibility for services and nature of services. I consent to the use of information and understand that the IMPACT staff will maintain that information in strict confidentiality. Exceptions to this confidentiality occur when information is revealed indicating danger or actual harm to a child.



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Referral FAQ

FAQ for potential referrals to Impact Youth and Family Substance Use Services

Can a youth be mandated to see a counsellor at Impact by a parent, school, probation officer, doctor, judge, restorative justice or any other authority?

While various authorities may be able to strongly recommend or place conditions on a person to attend counselling, ultimately it is the individual's choice to attend Impact Youth & Family Substance Use Services. When a youth does choose to meet with one of our counsellors, our primary concern is building a trusting relationship with that youth. We do not apply pressure to anyone to use our services. Doing so might make that youth more hesitant to seek services from us (or any other counselling service) in the future.

What if I want to make sure the person I to refer to Impact attends a certain number of counselling sessions, groups or other activities?

As with any counselling service, we do not recommend or advocate for a specific number of sessions. The path to desired outcomes is different for each person. For some clients, it may make sense to not see us at this point, to see us once, a few times, or for an extended period of time. As circumstances change, so might a client's counselling needs.

We view change not as an event, but as a process that is unique to each individual. Therefore – partly because we have limited resources and high demand for our services – even if you specify a number of sessions, we will collaborate with those you refer to us to determine what makes sense to them.

What if the person I want to refer to Impact doesn't want to go to counselling?

If the person you want to refer is okay with you sending in our referral form, one of our staff will attempt to contact them within a few days. When they make contact, they will offer to explore reasons the person may or may not want to try counselling and respect whatever decision is made. Whatever the choice is, our staff strive to make this a positive connection – so the person will feel comfortable contacting us in the future, if they have a need.

Can I find out if a person I referred to Impact has seen a counsellor?

Because of Mature Minor Consent rulings in Canada, youth who are deemed capable of understanding and consenting to services on their own behalf also have the right to the level of confidentiality that they choose. If a client does allow us to share information with you, they may also choose to limit the nature of that information. As an example, a client may only agree to share the fact that they have seen a counsellor, but not the content of anything discussed.

We can confirm that we received your referral form, but beyond that, in most cases, we will need client consent. We are glad to consult with and work alongside other people/supports/professionals when we do have consent. Youth can give us consent directly or you can fax a release form to us. (Download here: www.impactabby.com/get-connected/)

What if I have concerns or questions not answered by this FAQ?

Please feel free to contact Impact's executive director at info@impactabby.com or 604-853-1766.

Our Mission:

To work at the community level to identify and fill gaps in the well-being of all youth, with an emphasis on advocating for and working with substance-involved and substance-affected youth.

Our Vision:

A community where all youth are healthy, safe, engaged, have meaningful opportunities, and feel like they belong.

Tax deductible donations can be made to:

Matsqui Abbotsford Impact Society
33228 Walsh Avenue
Abbotsford, BC V2S 1Z8
Online:
www.impactabby.com/donate

Contact:

Phone: (604) 853-1766

Fax: (604) 853-1793

Email: info@impactabby.com

Web: www.impactabby.com

Individual staff can be reached directly on their cellphones: www.impactabby.com/staff/

Impact receives major funding from:

- Fraser Health Authority

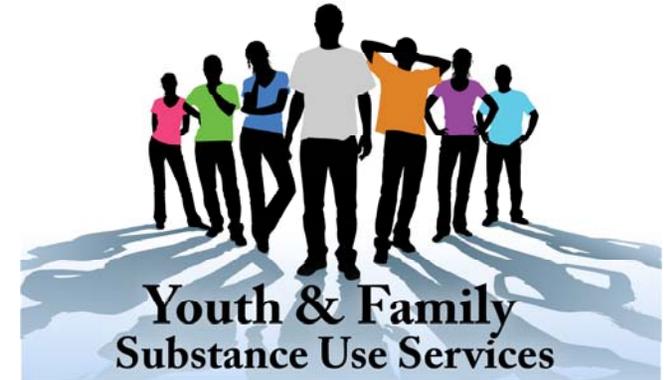
Impact has also received grants and donations from:

- City of Abbotsford: Parks, Recreation and Culture
- Vancouver Foundation
- Health Canada
- Coast Capital Savings
- Delta Pacific Benefit Brokers
- Edenvale Retreat and Conference Centre
- Fraternal Order of Eagles
- H.O.M.E. Society
- Mad Butcher, Wendy's Restaurants, McDonalds
- Marcus Ortner Personal Real Estate Corporation
- Salvation Army
- Soroptimist International
- Telus Vancouver Community Board
- United Way of the Fraser Valley



Better health.
Best in health care.

IMPACT



Working with and advocating for youth and families affected by substance use since 1988

www.impactabby.com

Serving Abbotsford & Mission, British Columbia

Regular Hours: 9:00 a.m.-4:30 p.m. M-F

Drop-By Hours: 2:30-4:00 p.m. M-F

Special programs and counselling sessions outside regular hours arranged on an as-needed basis

Who We Serve

- Youth under 25 with concerns or questions about their own or someone else's substance use.
- Family, caregivers and friends concerned about the youth (under 25) in their lives.
- We also present to community groups, schools and at other relevant events and programs.

About Us

- All our services are free.
- Our services are confidential, but we may involve other supports if someone is in danger or a minor needs protection.
- We acknowledge that the majority of people use some substances to some level.
- We acknowledge that experiences with substance use are varied.
- Youth don't have to want to stop or reduce using substances to be involved with Impact services.
- Our goal is to help youth identify and pursue what is important to them.
- We don't assume we know what would be best for anyone.

If you are a youth, concerned family member or friend, contact us at:

- 604-853-1766
- info@impactabby.com
- 33228 Walsh Avenue, Abbotsford, BC V2S 1Z8

If you are a referring agency or school:

- Fill out a referral form, found at www.impactabby.com/get-connected/ & email to info@impactabby.com or fax to (604) 853-1793.
- A counsellor will follow up with the referred youth or adult support to set up an initial session, usually within a week or less.



Between Cyrus Centre & Bottle Depot

What We Offer

- **Individual Counselling** that may focus on anything associated with substance use risk, such as difficult feelings, thoughts, experiences, relationships, or other issues.
- **Daily (M-F) drop-by counselling** for current and new clients from 2:30 to 4:00 p.m.
- **Parent and caregiver counselling**, support and educational groups with follow-up meetings.
- **Topic Groups** tailored to addressing and developing action around factors that increase risk & resiliency.
- **DIG (Discussion Is Good)** group for digging into concerns, goals and questions in life and exploring how substance use might affect circumstances.
- **Activities** such as weekly recreational programs & special programs during school breaks.
- **Referrals** to and collaboration with other services in the community.
- **Family and couples counselling** around youth substance use related issues.