

services

- Individual, family and/or group counselling
- Drop-in facilities open Monday through Friday throughout the year
- Social/recreational activities on-site and in the community
- Drug and alcohol information and education
- Outreach Counsellor (specialized in Crystal Meth and emerging drug trends)
- Close collaboration with other community agencies to make all available resources readily available to youth
- Referral to withdrawal management, residential treatment, aftercare and other related services

“I think my biggest concern was upsetting my family and people who cared for me. I have had to lie to them many times. After getting help from Impact, I realized how much I don't want to get back into it. I also realized I want to set an example for my little brother and would never want him to get into any drugs.”

15-year-old female IMPACT participant

OPEN MONDAY-FRIDAY
10:00 a.m. to 5:30 p.m.
Hours may vary with special events

School-Based services

- School setting presentations are initiated at the request of teachers, administrators, school counsellors and youth workers
- Interactive prevention and education presentations and groups
- One-on-one counselling on school grounds during school hours
- Education program for students on drug-related school suspensions

To support our mission of assisting youth to have a future with wide open possibilities, we provide a program where youth can:

- Practice respectful social interaction without verbal/physical aggression or the use of foul language.
- Be in a drug-free environment where drug use is not promoted and the potential harms of drug use are acknowledged.

To make a tax deductible contribution please call:
604-853-1766

Or send your cheque or money order to:
Matsqui Abbotsford IMPACT Society
33228 Walsh Avenue
Abbotsford, BC V2S 1Z8

Substance Affected

You don't have to have had a direct problem with drugs and alcohol yourself to get help from IMPACT. If the substance use of family members, friends or anyone else is a concern or a problem for you, we are here to provide you support.

“My father is a constant alcoholic and cocaine user, and probably everything else, and has been for the last 10 years. Thank you so much for explaining how hard it is to get off drugs and how screaming and begging doesn't always work. This has been the best program and it has really got through to me. Thank you.”

15-year-old IMPACT participant



IMPACT

Addiction

And

Prevention

Services for Youth

Age 12 to 24



IMPACT

33228 WALSH AVENUE
ABBOTSFORD, BC V2S 1Z8

Phone: 604-853-1766

Fax: 604-853-1793

impactasap@telus.net
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What is IMPACT?

IMPACT is an Abbotsford & Mission program that provides services to youth and their families who have been directly or indirectly affected by problematic substance use.



- We believe that problematic substance use is the result of a complex interaction between psychological, spiritual, and social factors that are unique to each person.

- We view youth as the experts in their own lives, capable of defining and responding to their own challenges and opportunities.

- We believe in helping individuals to develop and implement their own plans to reduce or eliminate the harmful effects and influences that they feel drugs and alcohol are having on their lives.

- We believe that positive change is possible, no matter the circumstances.