

Women's Resources

Elizabeth Fry Society

2A-32330 South Fraser Way
604-504-7791

Women's Drop In Center Hours

Monday & Friday 9:30 am – 6:00 pm
Tuesday 4:00 pm – 9:00 pm
Wednesday 10:00 am – 2:00 pm
Thursday 9:30 am – 6:00 pm

Coffee, tea, sandwiches, snacks,
clothing and counseling

Women's Resource Society of the Fraser Valley

Women's Drop-in

The Warm Zone

2481 McCallum Rd
Upstairs at rear of building

Monday - Friday

9:00 am – 9:00 pm

Monday & Wednesday Dinner

4:30-6:30

Saturday

10:00 am – 2:00 pm

Snacks, Sandwiches & Coffee
available as well as clothing, laundry,
& showers

Youth Resources

Cyrus Centre

Ages 13 - 18
2616 Ware Street
604-859-5773

Drop –in Hours

Daily
12:00 pm – 8:00 pm

Dinner served at 5:00 pm

Youth Emergency Shelter also available

Liberty Christian Fellowship

778-549-1421

Youth Tonight

Ages 13 - 25

Monday Evening

7:00 – 10:00pm

32042 South Fraser Way

Snacks Sandwiches, Outings and more



Outreach Workers from the
Salvation Army have compiled this
list for your benefit. We have tried
to make it as accurate as possible.
However, details may change
without our being informed

Revised December 4, 2009

If you have any additions or changes of
information for this brochure please contact

Salvation Army Outreach
604-852-9305 ext 198



Giving Hope Today

Food Resources in Abbotsford



Giving Hope Today

The Salvation Army
... a Centre of Hope!
34081 Gladys Avenue
604-852-9305

- **Sunday Brunch**
10:00 am

Come at 8:30 to enjoy the Super Sunday church service before the meal.

- **Redemption Café**
Monday – Friday
9:00 am – 11:45 am
- **Meal Centre**
Monday – Friday
12:15 pm – 1:15 pm

Saturday
12:00 pm – 1:00 pm

Free bread and produce
Is available during
Meal Centre hours



Calvin Presbyterian Church
2597 Bourquin Crescent East
604-859-6902

- **Community Outreach Dinner**
Tuesday
7:00 pm – 9:00 pm
(not during July and August)

Faith Bible Church
2455 West Railway St

- **Community Outreach Dinner**
Thursday
5:30 pm – 7:00 pm

Fraser Valley Christian Centre
32042 South Fraser Way
604-855-0801

- **Drop-in Fellowship**
Sandwiches and Coffee
Free bread also available
Tuesday, Wednesday, Thursday
1:00 pm – 4:00 pm
- **The Haven Coffeehouse**
Dinner and live music
Friday
7:00 pm – 9:00 pm
- **Sunday Worship Service**
Sunday @ 11:00 am
Lunch served after the service

5 and 2 Ministries

Contact Ward Draper
604-832-2322 OR 604-613-4432

- **Street Outreach Dinner**
Jubilee Park – parking lot
Wednesday @ 6:00 pm
- **Coffee Fellowship**
Jubilee Park – parking lot
Mon, Tues, & Thursday @ 9:00 pm
- **Community Fellowship & Dinner**
Peace Lutheran Church
2029 Ware Street
Second Sunday of each month
6:00 pm
- **Community Fellowship & Dinner**
Saint Mathews Anglican Church
2010 Guilford Drive
Fourth Sunday of each month
6:00 pm

Lifeline Outreach Society
Montvue Ave @ McDougall Ave
Behind Community Services

- **Blue Bus Program**
Hot meal and free clothing
Most Sundays
3:30 pm until food runs out
(closed for month of August)

Liberty Christian Fellowship
778-549-1421

- **The Sandwich Brigade**
Monday
3:30 pm – 6:00 pm
32042 South Fraser Way
Soup, Sandwiches and more

Abbotsford Food Bank
33914 Essendene Avenue
604-859-5749

- **Families**
Monday – Thursday
9:30 am – 12:00 pm
- **Couples and Singles**
Monday – Thursday
1:30 pm – 3:00 pm

Saint Ann's Catholic Church
604-852-5602 call before 10:00 am

- **Emergency Food Hamper**
Monday – Friday
Delivery only